

# Antisenescence Activity of 4,5-Disubstituted Imidazoles: New Cytokinin Mimics

Patricia L. Cavender,\* Christine M. Green, and Stephen B. Mack

A series of 4,5-disubstituted imidazoles was synthesized for evaluation as potential antisenescence agents. Both imidazolecarboxamides and imidazolylbenzamides show significant chlorophyll retention activity in an excised wheat leaf bioassay. Structure-activity relationships have been derived for both compound types. In the imidazolecarboxamide series, replacement of the 4(5)-cyano group by a methyl group significantly enhanced antisenescence activity. In contrast, a 4(5)-cyano group afforded optimum activity in the imidazolylbenzamide series. Substitution by other electron-withdrawing groups such as nitro or carboxamido at the 4(5)-position afforded less active compounds. The most active compound in this study, *N*-(5-cyano-1*H*-imidazolyl)benzamide (14), was more active than kinetin in the wheat leaf chlorophyll retention bioassay and may represent a new structural type of cytokinin mimic.

Cytokinins are known to retard the process of senescence, including protein, nucleic acid, and chlorophyll degradation in excised leaf tissue (Sabater, 1985). Historically, however, structure-activity relationships of natural and synthetic cytokinins have been based on cell division bioassays such as tobacco or soybean callus growth stimulation. (Okamoto et al., 1974; Iwamura et al., 1985; Kurosaki et al., 1981; Mok et al., 1982; Takahashi et al., 1978).

Cytokinin activity has been reported for at least four different classes of compounds: heterocyclic ureas and amides, pyrimidines, and modified purine compounds (Matsubara, 1980). Representatives of all of these classes of cytokinin mimics also show chlorophyll retention activity in excised wheat leaf tissue. (Green, C. M., unpublished results). Under normal conditions, chlorophyll retention can be used as an indicator of tissue senescence. We have used a wheat leaf chlorophyll retention bioassay (Kuhnle et al., 1977; Henrie et al., 1988) to discover and optimize antisenescence activity of two series of 4,5-disubstituted imidazoles.

## MATERIALS AND METHODS

**Synthesis of Chemicals.** Methods used to prepare the target imidazole derivatives are outlined in Scheme I (Cavender, 1986). Amides were prepared by one of two methods described below. Novel compounds were characterized by NMR, IR, and combustion analyses. Melting points are uncorrected.

**Method A.** 5-Methyl-*N*-phenyl-1*H*-imidazole-4-carboxamide (11) (mp 230 °C dec) was prepared from aniline and 5-methyl-4-imidazolecarbonyl chloride by the method of Godefroi et al. (1964); mp 259–260 °C. Anal. Calcd for C<sub>11</sub>H<sub>11</sub>N<sub>3</sub>O: C, 65.65; H, 5.51; N, 20.88. Found: C, 64.98; H, 5.33; N, 20.77. Compounds 9 and 10 were prepared by this procedure.

**Method B.** *N*-(5-Cyano-1*H*-imidazol-4-yl)benzamide (14). Benzoyl chloride (1.1 g, 0.0078 mol) was added dropwise to a stirred solution of 0.81 g (0.0075 mol) of 4-amino-1*H*-imidazole-5-carbonitrile (23) in 15 mL of dry pyridine. After 1 h at reflux, pyridine was removed at reduced pressure. The residue was treated with 25 mL of saturated aqueous sodium bicarbonate solution. The residual solid was washed with water and recrystallized from methanol/ethyl acetate to give 0.41 g (26%); mp 226–230

°C [lit. mp 223–225 °C (Okumura et al., 1973)]. Anal. Calcd for C<sub>11</sub>H<sub>8</sub>N<sub>4</sub>O: C, 62.26; H, 3.80; N, 26.40. Found: C, 62.51; H, 3.97; N, 26.22. Compounds 15–20 were prepared in a similar manner.

5-[(Phenylmethyl)amino]-1*H*-imidazole-4-carbonitrile (21). A solution of 4-amino-1*H*-imidazole-5-carbonitrile (23; 1.1 g, 0.01 mol) and benzaldehyde (1.1 g, 0.01 mol) in 25 mL of methanol was stirred overnight at ambient temperature and then heated on a steam bath for 20 min. The cooled solution was treated with 25 mL of ether and the insoluble portion removed by filtration. Concentration of the filtrate and recrystallization from toluene/butanol afforded 0.92 g (47%) of 5-[(phenylmethyl)imino]-1*H*-imidazole-4-carbonitrile, mp 200–202 °C. Reduction of the imine (0.7 g 0.004 mol) with sodium cyanoborohydride (0.5 g, 0.008 mol) in methanol (10 mL) and 1 M acetate buffer (pH 6, 5 mL) afforded benzylamine 21 (0.24 g) in 30% yield after silica gel chromatography using diethyl ether as eluant; mp 95–97 °C. Anal. Calcd for C<sub>11</sub>H<sub>10</sub>N<sub>4</sub>: C, 66.64; H, 5.09; N, 28.27. Found: C, 66.40; H, 5.13; N, 28.21.

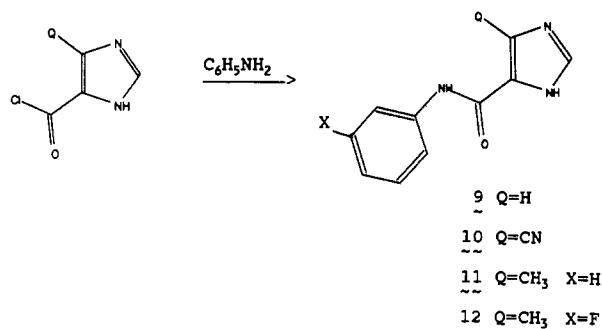
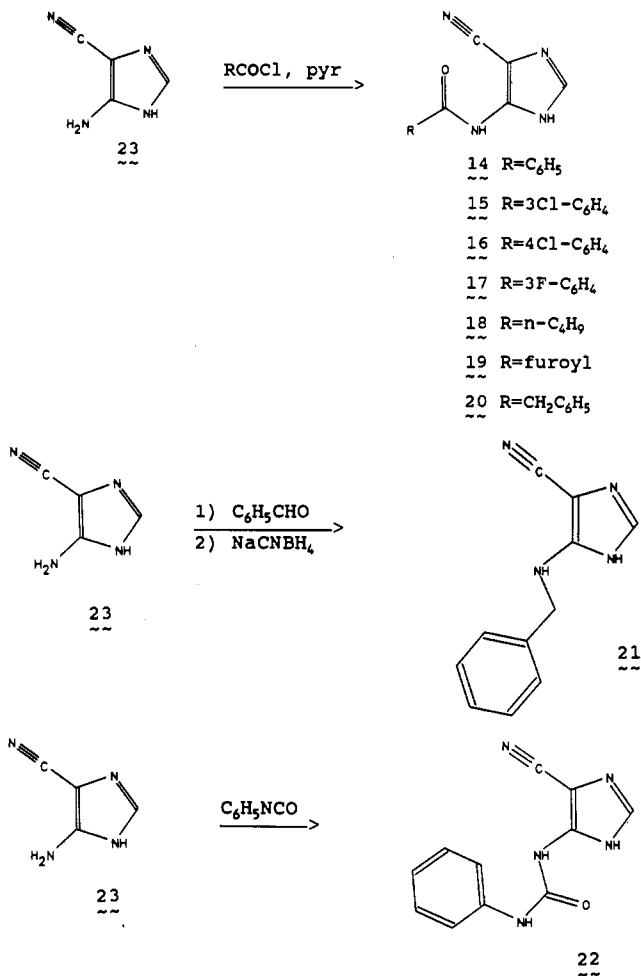
*N*-Phenyl-*N'*-(5-cyano-1*H*-imidazol-4-yl)urea (22). A solution of phenyl isocyanate (1.3 g, 0.01 mol) and 4-amino-1*H*-imidazole-5-carbonitrile (23; 1.1 g, 0.01 mol) in 30 mL of 2-butanone was refluxed for 10 h. The solvent was removed, the residue suspended in ether, and the product removed by filtration. After being washed three times with ether, the solid was dissolved in ethanol/toluene and insoluble materials were removed by filtration. Concentration of the filtrate afforded 0.93 g (41%) of urea 22, mp 163–166 °C dec. IR and NMR spectral data were consistent with the proposed structure.

**Wheat Leaf Antisenescence Bioassay.** The wheat leaf antisenescence bioassay reported by Kuhnle and co-workers (1977) was modified as described below. Wheat (*Triticum aestivum* var. Prodx) seeds are planted in a 50:50 mixture of vermiculite and sand, placed in a growth chamber (23 °C, 15-h days, 19 °C night, relative humidity 50%, 400 μE·M<sup>-2</sup>·s<sup>-1</sup>), and watered three times a day with tap water.

Stock solutions (10<sup>-4</sup> M) of the test chemicals are prepared by dissolving the compound in 10 mL of the appropriate solvent (acetone, water, dimethyl sulfoxide) and adding 90 mL of distilled water. Test solutions are prepared by dilution of the stock solution with distilled water. The maximum solvent content in a test solution is 1% and does not affect the performance of the bioassay.

A control (three replicates) containing distilled water was run in each test. Kinetin was included as a standard in each test, usually at three concentrations in the range

Agricultural Chemical Group, FMC Corporation, P.O. Box 8, Princeton, New Jersey 08543.

**Scheme I. Synthesis of 4,5-Disubstituted Imidazoles**  
**Method A**

**Method B**


of  $10^{-5}$ – $10^{-8}$  M. The wheat leaf antisenescence bioassay consists of placing five weighed, 8-day-old primary wheat leaves, cut base down, in a vial containing 10–15 mL of an aqueous solution of the test chemical. All concentrations of compounds to be tested, including kinetin, are replicated three times. The vials containing the wheat leaves are incubated in the dark at 30 °C for 4 days. The zero time (ZT) treatments are placed in the freezer at 0 °C at the beginning of the incubation.

At the end of the incubation, each replicate, as well as the ZT treatments, are extracted with 10 mL of methanol at 65 °C for 10 min. The absorbance of each methanol extract at 652 nm is recorded. The data are converted to micrograms of chlorophyll/gram fresh weight by the following equation (MacKinney, 1941):

$$\frac{A_{652}}{\text{g fr wt}} \times 299 = \mu\text{g chlorophyll/g fr wt}$$

**Table I. Antisenescence Activity of Selected Purine and Urea Cytokinins**

no.	name	% ZT <sup>a</sup> (10 <sup>-5</sup> M)	pSI <sub>50</sub> <sup>b</sup>
1	kinetin	75 <sup>c</sup>	6.1 <sup>c</sup>
2	<i>cis</i> -zeatin	45	4.9
3	dihydrozeatin riboside	62	5.5
4	kinetin riboside	72	6.3
5	<i>trans</i> -zeatin riboside	74	5.7
6	diphenylurea	26	
7	thiadiazuron <sup>d</sup>	75	7.9
8	<i>N</i> -(2-chloropyridinyl)- <i>N'</i> -phenylurea	66	6.0

<sup>a</sup> Percent chlorophyll present at zero time, the beginning of the incubation. <sup>b</sup>  $-\log$  [molar concentration] required to retain half (50%) of the chlorophyll initially present. <sup>c</sup> Average of 12 determinations. <sup>d</sup> *N*-Phenyl-*N'*-1,2,3-thiadiazol-5-ylurea.

A general linear models procedure using least squares was used to analyze these converted values. Test coefficients of variance (CV) averaged  $15.4\% \pm 2.6\%$  over 12 tests.

Chlorophyll retention is expressed as percent zero time (% ZT), obtained by dividing the mean of each test concentration in micrograms of chlorophyll/gram fresh weight by the respective experimental ZT mean in micrograms of chlorophyll fresh weight. The average percent ZT for the distilled water controls was  $14.0\% \pm 7.5\%$  ( $n = 12$ ).

Initial comparisons of biological activity are based on chlorophyll retention (% ZT) at  $10^{-5}$  M. The compounds are grouped into three categories:

% ZT	biol. act.
>50	very active
30–50	active
<30	inactive

Of the compounds considered very active, additional dose–response information was generated to allow calculation of a pSI<sub>50</sub> value, defined as  $-\log$  [molar concentration] required to retain half (50%) of the chlorophyll initially present after a 4-day, 30 °C dark incubation. Kinetin, included in each test as a standard, had a pSI<sub>50</sub> value of  $6.1 \pm 0.3$  ( $n = 12$ ).

**RESULTS AND DISCUSSION**

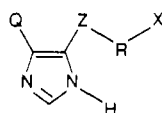
**Purine Cytokinins.** Eleven commercially available purine-based cytokinins were tested in the wheat leaf antisenescence bioassay to determine the response and the sensitivity of this system to structural variations. The pSI<sub>50</sub> values of five of these eleven cytokinins range from 4.9 to 6.3 and represent an approximately 25-fold difference in activity (Table I).

Three ureas cited as cytokinin mimics in the literature were also examined in the wheat leaf antisenescence bioassay (Table I). Diphenylurea (6) was not active at  $10^{-5}$  M (28%) and did not warrant calculation of a pSI<sub>50</sub> value. The pSI<sub>50</sub> values of the other ureas are 6.0 and 7.9 and represent an 80-fold difference in activity. The wheat leaf antisenescence bioassay is sensitive to structural variation. In fact, it has been used to develop quantitative structure–activity relationships for the antisenescence activity of a series of pyridinylureas and their *N*-oxides (Henrie et al., 1988).

**4,5-Disubstituted Imidazoles.** We have discovered and optimized two series of 4,5-disubstituted imidazoles with enhanced activity using the wheat leaf antisenescence bioassay.

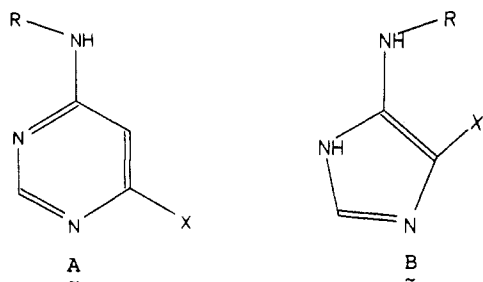
**Imidazolecarboxamides.** Compounds 9–11 are representative imidazolecarboxamides (Z = CONH, R = C<sub>6</sub>H<sub>4</sub>, X = H; Table II).

Carboxamide 9 (Q = H), reported by Okamoto et al. (1974) to stimulate the growth of tobacco callus at an

**Table II. Structures and Antisenescence Activity of 4,5-Disubstituted Imidazoles**

no.	Q	Z	R	X	% ZT <sup>a</sup> (10 <sup>-5</sup> M)	pSI <sub>50</sub> <sup>b</sup>
9	H	CONH	C <sub>6</sub> H <sub>4</sub>	H	42	
10	CN	CONH	C <sub>6</sub> H <sub>4</sub>	H	35	
11	CH <sub>3</sub>	CONH	C <sub>6</sub> H <sub>4</sub>	H	63	5.4
12	CH <sub>3</sub>	CONH	C <sub>6</sub> H <sub>4</sub>	3-F	55	6.0
13	CONH <sub>2</sub>	NHCO	C <sub>6</sub> H <sub>4</sub>	H	28	
14	CN	NHCO	C <sub>6</sub> H <sub>4</sub>	H	71 <sup>d</sup>	7.1 <sup>d</sup>
15	CN	NHCO	C <sub>6</sub> H <sub>4</sub>	3-Cl	71	6.4
16	CN	NHCO	C <sub>6</sub> H <sub>4</sub>	4-Cl	76	6.1
17	CN	NHCO	C <sub>6</sub> H <sub>4</sub>	3-F	78	7.0
18	CN	NHCO	<i>n</i> -C <sub>4</sub> H <sub>9</sub>	H	60	5.3
19	CN	NHCO	2-C <sub>4</sub> H <sub>9</sub> O <sup>c</sup>	H	54	5.1
20	CN	NHCO	CH <sub>2</sub> C <sub>6</sub> H <sub>4</sub>	H	58	5.6
21	CN	NHCH <sub>2</sub>	C <sub>6</sub> H <sub>4</sub>	H	40	
22	CN	NHCO	NHC <sub>6</sub> H <sub>4</sub>	H	29	

<sup>a</sup> Percent chlorophyll present at zero time, the beginning of the incubation. <sup>b</sup> -log [molar concentration] required to retain half (50%) of the chlorophyll initially present. <sup>c</sup> Furfuryl. <sup>d</sup> Average of five determinations.

**Figure 1.** Relationship of pyrimidine- and imidazole-based cytokinin mimics.

optimum concentration of 10<sup>-4</sup> M, has only moderate activity in the wheat leaf antisenescence bioassay at 10<sup>-5</sup> M. Carboxamide 10, where Q = H has been replaced by Q = CN, an electron-withdrawing group, is also active at 10<sup>-5</sup> M. A significant increase in chlorophyll retention activity is observed for imidazole 11 where Q = CH<sub>3</sub>, an electron-donating group, has been incorporated into the molecule. An additional 4-fold increase in activity is observed for substitution of fluorine for hydrogen in the meta position of the aromatic ring. The unique ability of meta fluorine substitution to increase cytokinin activity has been observed previously (Henrie et al., 1988).

**Imidazolylbenzamides.** Stimulation of tobacco callus growth by various 6-amino-substituted pyrimidine derivatives was reported by Takahashi et al. (1978). The cytokinin activity of pyrimidinylbenzamides **A** (Figure 1), as well as other derivatives, was enhanced by addition of an electron-withdrawing group at the pyrimidine 4-position. We have prepared a novel series of compounds **B** where the pyrimidine ring has been replaced by an imidazole ring.

Among the electron-withdrawing groups investigated in the 4(5)-position are nitro, carboxamido, and cyano. (Nitroimidazolyl)benzamides were not active in the wheat leaf antisenescence assay at 10<sup>-4</sup> M. However, imidazole 13 (Q = CONH<sub>2</sub>) (Parkin and Harnden, 1986) was slightly active at 10<sup>-5</sup> M. Formal dehydration of 13 afforded *N*-(5-cyano-1*H*-imidazol-4-yl)benzamide (14) with a 100-1000-fold increase in activity (Table II).

Imidazole 14 (pSI<sub>50</sub> = 7.1 ± 0.1, *n* = 5), the most active member of this series to date, is 10 times more active than kinetin (1). Substitution on the aromatic ring (benzamides 15 and 16, X = 3- or 4-Cl) results in decreased antisenescence activity as measured by the pSI<sub>50</sub> value (Table II). Unlike methylimidazolecarboxamide 11, fluorine substitution on the aromatic ring did not affect antisenescence activity (17).

Recognizing that the 4(5)-cyanoimidazole was a new heterocyclic nucleus with potent cytokinin activity, other structural features known to influence cytokinin activity were examined. Other amides are exemplified by compounds 18-20.

Although substitution of other groups such as *n*-butyl (18), furfuryl (19), or benzyl (20) for the phenyl ring of compound 14 afforded less active compounds (Table II), they are still equal in activity to some purine-based cytokinins such as *trans*-zeatin riboside (5; Table I).

Compounds 21 and 22 were also significantly less active than imidazole 14 in the wheat leaf antisenescence assay. The lack of chlorophyll retention activity for urea 22 was surprising since other heterocyclic ureas such as thiazuron (7) (Mok et al., 1982) and *N*-(2-chloropyridinyl)-*N'*-phenylurea (8) (Okamoto et al., 1974) stimulate callus growth at micromolar concentrations and have pSI<sub>50</sub> values of 7.9 and 6.0, respectively (Table I). Having determined that imidazole 14 was the most active member in this series of 4,5-disubstituted imidazoles as measured by pSI<sub>50</sub> in the wheat leaf antisenescence bioassay, additional studies were undertaken to examine the scope of activity of these compounds as a potentially new class of cytokinin mimics using several other cytokinin bioassays (Yopp et al., 1986). Imidazole 14 has been shown to prevent protein degradation in senescing wheat leaves, to stimulate the growth of tobacco callus tissue, and to delay senescence of soybean leaf disks in our laboratories. Thus, *N*-(5-cyano-1*H*-imidazol-4-yl)benzamide (14) is representative of a new class of synthetic cytokinin mimics.

## CONCLUSION

When structure-activity relationships for 4,5-disubstituted imidazoles, exemplified by imidazoles 11 and 14, are examined by the wheat leaf antisenescence bioassay, imidazole 14 is consistently more active than kinetin, as measured by the pSI<sub>50</sub> value. The observation of cytokinin-like activity for *N*-(5-cyano-1*H*-imidazol-4-yl)benzamide (14) in this and in several other cytokinin bioassays leads us to propose that these compounds represent a new class of cytokinin mimic.

## ACKNOWLEDGMENT

We thank the Plant Regulator Discovery Group at FMC Corp., especially R. N. Henrie II and S. F. Simpson, for discussion, encouragement, and critical review during the course of this work. The support and advice of M. E. Condon and W. A. VanSaun are also gratefully acknowledged. We thank S. T. Young for preparing key intermediates and B. H. Sciarrotta for preparing the manuscript.

**Registry No.** 1, 525-79-1; 2, 32771-64-5; 3, 22663-55-4; 4, 4338-47-0; 5, 6025-53-2; 6, 26763-63-3; 7, 51707-55-2; 8, 115363-82-1; 9, 13189-13-4; 10, 102186-88-9; 11, 1457-60-9; 12, 88933-82-8; 13, 82145-23-1; 14, 53098-81-0; 15, 102186-66-3; 16, 102186-67-4; 17, 102186-58-3; 18, 102186-64-1; 19, 102186-79-8; 20, 102186-80-1; 21, 102186-63-0; 22, 102186-60-7; 23, 5098-11-3; C<sub>6</sub>H<sub>5</sub>NH<sub>2</sub>, 62-53-3; 4-FC<sub>6</sub>H<sub>4</sub>NH<sub>2</sub>, 372-19-0; C<sub>6</sub>H<sub>5</sub>COCl, 98-88-4; 3-ClC<sub>6</sub>H<sub>4</sub>COCl, 618-46-2; 4-ClC<sub>6</sub>H<sub>4</sub>COCl, 122-01-0; 3-FC<sub>6</sub>H<sub>4</sub>COCl, 1711-07-5; *n*-C<sub>4</sub>H<sub>9</sub>COCl, 638-29-9; furoyl-COCl, 527-69-5; C<sub>6</sub>H<sub>5</sub>CH<sub>2</sub>COCl, 103-80-0; 5-methyl-4-imidazolecarbonyl chloride, 102186-98-1; benzaldehyde, 100-52-7; 5-[(phenylmethyl)imino]-1*H*-imidazole-

4-carbonitrile, 115363-81-0; phenyl isocyanate, 103-71-9; 5-cyano-4-imidazolecarbonyl chloride, 115363-80-9; 4-imidazolecarbonyl chloride, 56460-32-3.

#### LITERATURE CITED

- Cavender, P. L. "Imidazole Plant Growth Regulators". U.S. Patent 4 565 875, 1986.
- Godefroi, E. F.; Van der Eycken, C. A.; Van de Westeringh, C. "The Dehydrative Dimerization of 2- and 4-Methyl-5-imidazolecarboxylic Acids". *J. Org. Chem.* 1964, 29, 3707.
- Henrie, R. N. II; Green, C. M.; Yeager, W. H.; Ball, T. F. III "Activity Optimization of Pyridinyl N-Oxide Urea Cytokinin Mimics". *J. Agric. Food Chem.* 1988, 36, 626-633.
- Iwamura, H.; Murakami, S.; Koshimizu, K.; Matsubara, S. J. "QSAR in Cytokinin Agonistic and Antagonistic Pyrido[2,3-d]pyrimidine Derivatives: Insights into Receptor Topology". *J. Med. Chem.* 1985, 28, 577.
- Kuhnle, J. A.; Fuller, G.; Corse, J.; Mackey, B. E. "Antisenescent Activity of Natural Cytokinins." *Physiol. Plant.* 1977, 41, 14-21.
- Kurosaki, F.; Takahashi, S.; Shudo, K.; Okamoto, T.; Isogai, Y. "Structural and Biological Links Between Urea- and Purine-cytokinins". *Chem. Pharm. Bull.* 1981, 29, 3751-3753.
- Mackinney, G. "Absorption of Light by Chlorophyll Solutions". *J. Biol. Chem.* 1941, 140, 315-22.
- Matsubara, S. "Structure Activity Relationships of Cytokinins". *Phytochemistry* 1980, 19, 2239-2253.
- Mok, M. C.; Mok, D. W. S.; Armstrong, D. J.; Shudo, K.; Isogai, Y.; Okamoto, T. "Cytokinin Activity of N-Phenyl-N'-1,2,3-Thiadiazol-5-yl Urea (Thidiazuron)". *Phytochemistry* 1982, 21, 1509-1511.
- Okamoto, T.; Shudo, K.; Isogai, Y. "Cytokinin Activity of Aromatic Heterocyclic Urea and Amide Derivatives". *Proceedings 8th International Conference on Plant Growth Regulators*; Thimann, K. V., Ed.; Hirokawa: Tokyo, 1974; p 447.
- Okumura, K.; Oshiro, S.; Nagura, T. "4-(5-Amino-4-cyano-1-imidazolyl)-2,3-dihydroxy-butyric Acid Derivative". Japanese Patent 73 38 710, 1973; *Chem. Abstr.* 1974, 81, 25900d.
- Parkin, A.; Harnden, M. R. "Acyclic Analogs of Purine and Imidazole Nucleosides". *J. Heterocycl. Chem.* 1982, 19, 33-40.
- Sabater, B. "Hormonal Regulation Of Senescence". In *Hormonal Regulation of Plant Growth and Development*; Purohit, S. S., Ed.; Martinus Nijhoff/Dr. W. Junk Publishers: Boston, 1985; pp 169-217.
- Takahashi, S.; Yatsunami, T.; Shudo, K.; Okamoto, T.; Yamada, K.; Isogai, Y. "Cytokinin Activity of Pyrimidine Derivatives". *Chem. Pharm. Bull.* 1978, 26, 2286.
- Yopp, J. H., Aung, L. H., Steffens, G. L., Eds. "Cytokinin Bioassays". In *Bioassays and Other Special Techniques for Plant Hormones and Plant Growth Regulators*; Plant Growth Regulator Society of America: Lake Alfred, FL, 1986; Chapter 4, p 63.

Received for review September 23, 1987. Revised manuscript received April 8, 1988. Accepted April 20, 1988.

## REVIEW

### Chemistry, Analysis, Nutritional Value, and Toxicology of Tryptophan in Food. A Review

Mendel Friedman\* and Jean-Louis Cuq

The complex transformations of tryptophan in foods and the great diversity of derivatives formed as well as possible antinutritional and toxic manifestations are reviewed. The stability of free or protein-bound tryptophan during processing and storage depends on temperature and the presence of oxygen or other oxidizing agents, especially lipid peroxides, and radiation. In the absence of oxidizing agents, tryptophan is a stable amino acid, even in strongly basic or acidic conditions. Free or bound tryptophan is relatively stable during heat treatments such as industrial or home cooking in the presence of air or steam sterilization. Only severe treatments cause a significant degradation of this amino acid. In the presence of carbonyl compounds or/and at high temperatures, however, carboline formation occurs. Both carbolines and tryptophan-derived nitroso compounds are potential carcinogens. Tryptophan losses during food processing cannot always be monitored because of the lack of reliable analytical methods. These considerations suggest research needs for better methodology to measure tryptophan in complex foods and for new ways to prevent the formation of tryptophan-derived antinutritional and potentially toxic compounds in foods.

The nutritionally essential amino acid tryptophan was discovered by F. G. Hopkins and S. W. Cole in 1901 [for a historical account, see Curzon (1987)]. This amino acid is exceptional in its diversity of biological functions. It contributes importantly to normal growth and protein synthesis in a number of tissues (Majumdar, 1982) and

regulates numerous physiological mechanisms. For example, tryptophan is the precursor of the neurotransmitter serotonin (5-hydroxytryptamine) and therefore is important in brain function (Anonymous, 1987; Wurtman, 1982). It can influence sleep in man (Pollett and Leathwood, 1983; Yuwiler et al., 1981; Trulson and Sampson, 1987) and the aging process of rats (Ooka et al., 1988). Tryptophan and some of its derivatives also alter behavior (Anonymous, 1981; Lieberman and Wurtman, 1986), particularly the regulation of the intake of food and drink (Leathwood and Ashley, 1981; Pollock and Rowland, 1981; Threatte et al., 1980). Tryptophan also serves as the in vivo precursor for the vitamin niacin (Umezawa, 1989), stimulates insulin and

\*Western Regional Research Center, U.S. Department of Agriculture—Agricultural Research Service, Albany, California 94710 (M.F.), and Centre de Genie et Technologie Alimentaires, Universite des Sciences et Techniques du Languedoc, Montpellier, France (J.-L.C.).